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Mookaite Jasper

Mookaite Gemstone meaning

Mookaite is an Australian jasper that combines the lighter colors of yellow and red jasper. It encourages the desire for new experiences and helps to keep a balance between external activities and the internal response to these. It imparts a deep calm while encouraging versatility.

Mookaite is a stone of strength, and decision making.

In Australia, mookaite was and still is considered to be a healing stone that bestows strength. It is said to shield the wearer from difficult situations and to connect us to loved ones who have passed away. It is believed to bring us into the "here and now," aiding with problem assessment and decision making.

Meditation with mookaite jasper increases your flexibility and your ability to see several solutions to any problem.



Healing properties of Mookaite

Mookaite is often used to treat glandular or stomach disorders, hernias, ruptures and water retention, and yoga enthusiasts use it to balance and open the first, second and third chakras.

Color:	deep reds, yellows, lavenders, whites
Energies:	Personal power, healing, earth connection
Element:	Earth element
Chakra:	Third Eye Chakra, Solar Plexus Chakra, Root Chakra