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Aventurine

Aventurine Gemstone meaning

This stone is said to be useful in relieving migraines and in soothing the eyes. A traditional method of using this stone is to leave it in water overnight and to use the water the following day to bathe eyes. Aventurine water - made in the same way can also be used for bathing irritations of the skin. Aventurine is a soother and helps relax one for a better night's sleep! It also relieves tension and shock. Improves vitality and equalizes blood pressure. Known to encourage creativity, give the wearer courage, independence, calmness and serenity. Gives adventure and luck in love and sport. Enhances development and judgment; good for relieving tension. Assists the development of mental abilities and also stimulates healthy growth. It is helpful to competitors to enhance their judgment and calmness during games. It is known as a lucky stone, and said if you hold aventurine in both hands while envisioning prosperity, money and good luck they will arrive.



You should never buy a lottery ticket without an aventurine in your left pocket. Lady Luck will be in your left pocket. This is the stone of opportunity. Aventurine is known as the stone of chance or luck. If you gamble or play the lotto, keep this stone in your left pocket.

Aventurine is mainly quartz, a quartzite, usually containing mica. It occurs in several colors including green, red and blue.

Green Aventurine is the stone of luck and chance. It is said to increase perception and creative insight. It is a heart chakra stone.

Healing properties of Aventurine

It is used to aid nearsightedness. Aventurine has a stabilizing effect on the emotions. It is excellent for teenagers.

Color:	Green
Birthstone:	<i>August (Ancient)</i>
Energies:	Luck, Money, Healing
Chakra:	Green - Heart Chakra