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AMETHYST

Amethyst Gemstone meaning

A purple-colored quartz; Amethyst is known as a spiritual stone and is used for general healing and for meditation. It is said that sleeping with a piece of amethyst beneath one's pillow promotes intuitive dreams and inspired thought. Many healers also consider it useful in the relief of insomnia and to bring serenity in times of grief. The Amethyst clears, purifies and helps with any addictions or stress or tension. Also known to protect against blood disease, toxic effects of substance use, acne, neuralgia and fits. Soothes and calms the mind, raises the spirit, rebalances and increases intuitive awareness, protects from negative vibrations. It is a very good idea to have an Amethyst cluster in your room because of the cleansing and energizing properties associated with it. Traditionally believed to protect from drunkenness. One of the most favored gemstones, it imparts peace and tranquility and softens any negative feelings. Also reduces electrical energies and ideal to place near computers, TVs, Kitchen and other appliances.



Power Stone

It is used as a dream stone and to help insomnia. Put an amethyst under your pillow to bring about pleasant dreams, or rub it across your forehead to offer relief from a headache.

Protection Stone

Ancient Egyptians used the amethyst guard against guilty and fearful feelings. It has been worn as protection from self-deception, as well as a protection against witchcraft. The amethyst has long been used to open the spiritual and psychic centers, making it one of the power stones. It is also used as a meditation aid when worn as a necklace.

Wisdom Stone

The amethyst is known as the Bishop's Stone and is still worn by Catholic Bishops. The amethyst symbolizes piety, humility, sincerity and spiritual wisdom. It is thought the amethyst is the perfect stone to symbolize The Age of Aquarius.

Healing properties of Amethyst

Amethyst is a gemstone often worn by healers, as it has the power to focus energy. A healer will usually wear several pieces of jewelry with amethysts set in silver, especially an amethyst necklace. The person to be healed will have an Amethyst to hold while the healing is being done. The healer will place another piece of Amethyst on the area of the body in need of healing, the heart or lungs usually.

Amethyst is used for problems in the blood and in breathing problems. Amethyst crystal clusters are used to keep the air and life force in the home clean and positive.

Amethyst clusters, points or several tumbled Amethysts placed in a window that receives sun most of the day are very beneficial to use in healing and to heal negativity in the home. Place Amethyst clusters, points or several tumbled Amethysts in moonlight and everyone in the home will be feeling calmer. Using an Amethyst as a meditation focus will increase the positive spiritual feelings. Amethyst helps overcome fears and cravings. It also helps relieve headaches.